

## *Shalyaja Bhagandara* (Fistula in ano due to Foreign body) -A Rare Case

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### Abstract:

According to Ayurveda wsr to Sushruta Samhita there are five types of *Bhagandara* (Fistula in ano) amongst which *Unmargi Bhagandara* or *Shalyaja Bhagandara* is described which is fistula in ano due to a foreign body.<sup>[1]</sup> There are few reported cases where in fistula in ano developed due to foreign body lodged in perianal area such as an ingested (bone), a forgotten surgical material, etc.<sup>[2]</sup> A 43 year male patient came with complaint of intermittent pus discharge and pain around anal verge since 1 year. On examination an external opening was seen at 1 o'clock which was found connected radially to the internal opening at 1 o'clock. So, surgery (Fistulotomy and *Ksharkarma*) was advised and during surgery two pieces of stones were found (Fig 2-3). The stones were extracted and the post-operative wound healed completely within 15 days. This case highlighted that Sushruta's classical description is worthy even in today's era.

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Fig. 1. Pre Operative



Fig. 2. During surgery



Fig 3. Stone



Fig 4. Post operative (healed )

#### References:

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